

A black and white photograph of a wooden floor with a white shield-shaped graphic overlay. The shield has a dashed white border and contains the text "A New Start" in a serif font. The background shows the texture of the wood and some white markings on the floor.

A New Start

We Gather

In the name of the Father and of the Son and of the Holy Spirit...AMEN

Response: *Let us allow God's help to make us new people.*

1. When we close our hearts to God
2. When we are tempted to do the wrong thing
3. When we are struggling with our thoughts and actions
4. When life gets tough

We Listen

John 1: 35-42

35 The next day John was standing there again with two of his disciples, 36 when he saw Jesus walking by. "There is the Lamb of God!" he said.

37 The two disciples heard him say this and went with Jesus. 38 Jesus turned, saw them following him, and asked, "What are you looking for?"

They answered, "Where do you live, Rabbi?" (This word means "Teacher.")

39 "Come and see," he answered. So, they went with him and saw where he lived and spent the rest of that day with him.

40 One of them was Andrew, Simon Peter's brother. 41 At once he found his brother Simon and told him, "We have found the Messiah." 42 Then he took Simon to Jesus.

Jesus looked at him and said, "Your name is Simon son of John, but you will be called Peter." (This means "a rock.")

We Respond

- Write a new year's resolution about building a new relationship with God and improving your faith – How are you going to do this in the coming year?
- Then spend a few moments in sacred silence, welcoming Jesus into your heart-space and making a new start with him



We Go Forth

- This is your task for this week – every day try to pray the Our Father, Hail Mary and Glory be so that you are using formal prayers to build your relationship with God.

