

## St. Anne's Catholic Primary School PE Curriculum

YEAR	AUTUMN		SPRING		SUMMER	
<b>N</b>	<b>Fundamentals of movement – Introduction to PE</b> to include stepping in multi directions using games.		<b>Fundamentals of movement</b> to include balance, run, hop, jump and change of direction	<b>Ball Skills</b> to include throw, catch, bounce and dribble with feet and kick	<b>Fundamentals of movement</b> Dance KDDK	<b>Fundamentals of movement</b> Gymnastics KDDK
<b>R</b>	<b>Fundamentals of movement – Introduction to PE</b> to include jumping in multi directions and describing body position using games.		<b>Fundamentals of movement</b> to include balance, run, hop, jump and change of direction	<b>Ball Skills</b> to include throw, catch, bounce and dribble with feet and kick	<b>Fundamentals of movement</b> Dance KDDK	<b>Fundamentals of movement</b> Gymnastics KDDK
<b>1</b>	<b>Fundamentals of movement</b> balance, jump, hop, run, speed, agility, dodge, skip, co-ordination.	<b>Invasion Games</b> dribble, throw, catch, kick, receive, run, jump, change direction, change speed	<b>Fundamentals of movement</b> Dance KDDK Actions, dynamics, space, relationships	<b>Fundamentals of movement</b> Dance KDDK actions, dynamics, space, relationships	<b>Striking and Fielding</b> underarm throw, overarm throw, catch, track, bat	<b>Net and Wall Games</b> throw, catch, hit a ball, track a ball
	<b>Fundamentals of movement</b> travelling actions, shapes, balances, shape jumps, barrel roll, straight roll, forward roll	<b>Target Games</b> Underarm throw, overarm throw	<b>Fitness</b> Fun games to enhance physical activity	<b>Sending and Receiving</b> roll, throw, catch, track, kick, receive with feet, send with racket	<b>Yoga</b>	<b>Athletics</b> run, balance, agility, co-ordination, hop, jump, leap, throw
<b>2</b>	<b>Fundamentals of Movement</b> Dance KDDK -	<b>Fundamentals of Movement</b> Dance KDDK	<b>Target Games</b> underarm throw, overarm throw	<b>Sending and Receiving</b> roll, track, catch, receive with feet, kick, send and receive with a racket	<b>Yoga with KDDK</b>	<b>Yoga with KDDK</b>
	<b>Fundamentals of Movement</b> Gymnastics KDDK - Floor	<b>Fundamentals of Movement</b> Gymnastics KDDK - Equipment	<b>Cheerleading with KDDK</b>	<b>Cheerleading with KDDK</b>	<b>Striking and Fielding Games</b>	<b>Athletics</b> Track and field events
<b>3</b>	<b>Gymnastics</b> - point and patch balances, jumps, straight roll, barrel roll, forward roll	<b>Ball Skills</b> throw, catch, run, dribble, shoot, change direction, change speed	<b>KDDK Dance</b>	<b>KDDK Dance</b>	<b>Cricket</b> Striking and fielding, teamwork, catching	<b>Athletics</b> Running, throwing, agility
	<b>Fundamentals</b> balance, run, dodge, hop, jump, skip	<b>Basketball</b>	<b>Fitness</b> Fun games to enhance physical activity.	<b>Rugby</b> Throwing, tactics, dodging, track, receiving	<b>OAA</b> Balance. Co-ordination, teamwork	<b>Swimming</b> Introduction to school swimming in preparation for year 4
<b>4</b>	<b>Dance KDDK</b>	<b>Dance KDDK</b>	<b>Dodgeball</b>	<b>Swimming</b>	<b>Swimming</b>	<b>Athletics</b>

	Gymnastics KDDK	Gymnastics KDDK	Dance Performance KDDK	Dance Performance KDDK	Yoga with KDDK	Cheerleading with KDDK
5	Swimming	Tag Rugby	Fitness	Netball	Striking and Fielding Cricket	Golf
	Gymnastics with KDDK	Gymnastics with KDDK	Dance with KDDK	Dance with KDDK	Yoga with KDDK	Cheerleading KDDK
6	Gymnastics with KDDK	Gymnastics with KDDK	Cheerleading with KDDK	Yoga with KDDK	Dance KDDK	Dance KDDK
	Basketball	Handball	Netball	Fitness	Striking and Fielding Cricket	Golf

<b>Notes</b>	<p><b>Additional opportunities.</b></p> <p>N and R carry out dance and gymnastics work in addition to PE sessions to tie in with lesson theme.</p> <p>Years 1 and 2</p> <p>After school inter school events are hosted by Streetly Primary Partnership and Birmingham Catholic School Sports Partnership. School enters all events.</p> <p>After school club provision for all year groups, Monday, Tuesday, Wednesday and Thursday.</p> <p>Daily Mile is established in each year group.</p> <p>Black Country Dance Days 1 per half term. Performance of 2 original pieces to parents at the end of the day.</p> <p>Dance specialist 30 minutes per week per class. –showcases for parents.</p> <p>Wake Up Wednesday happens in the Spring Term.</p> <p>We use the Get Set 4 PE scheme as a base for our PE provision.</p>
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