St Anne's Catholic Primary School

Home - School Prayer Bag

Dear Parent

Welcome to your child's prayer bag. It is for you to use with your child and family at home to enhance prayer as a family.

Please make sure you return the prayer bag to school ready for the next child to use.

Inside you will find a variety of resources to explore and discuss with your child and some suggestions of ways to pray. The prayer cloth will change colour depending upon the liturgical season.

Contents could include:

Prayer cloth

Cross / crucifix

Candles

Holy water

Prayer stones

Rosary beads

Picture and information of class saint

Vocation pictures / information

Class Prayer Bag Record Book

Class prayers

Religious statue

Small Bible / religious story books

Picture of religious figures

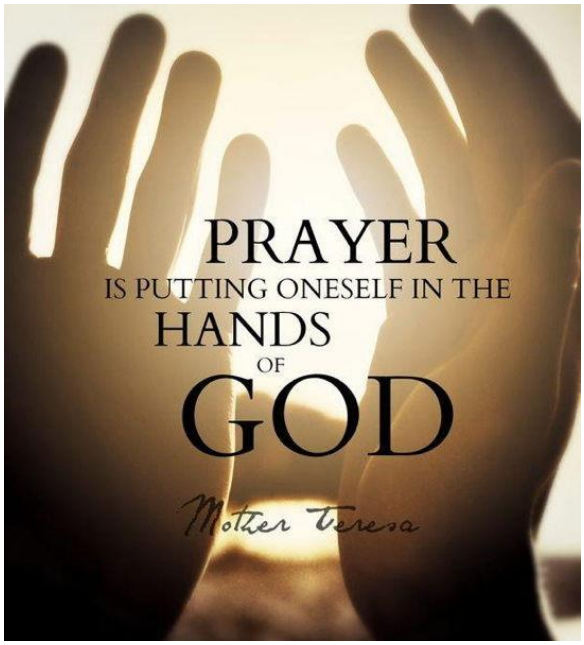
Please use the prayer bag to spend some quiet time in prayer and reflection with your child.

What to do

Turn off any televisions that are on so that the focus is on prayer. Your child should set up a simple prayer table as a prayer focus and you might want to include reflective music / hymns (not included). You might want to include photographs of people who are special to them or who they would like to pray for.

Light the candles as a sign of Jesus' presence and make the sign of the cross as a focus that prayer has begun. Encourage your child and family to bless themselves with the Holy Water.

You (or your child) might like to read a passage from the Bible or story book. You could use the rosary beads to pray the rosary for a special intention. You might practice prayers for your year group. There will be other ideas in the prayer bag and your child will also have some prayer ideas of their own. At the end of your prayer service, make the sign of the cross and return all the artefacts to the prayer bag.

You or your child should record some of the things you did or said, questions they have asked or some prayers they have said. You might want to add a photograph or draw a picture relating to the prayer. These prayers will then be used within class prayer time with their peers.

We hope you enjoy using the prayer bag with your child and family.